

Dr. LaMont “MONTY” CAVANAUGH

Class of 1984

Friends and classmates say it would be impossible to identify all the milestones in Dr. LaMont Cavanaugh’s distinguished career in the limited amount of space available in this program.

They are absolutely right. But even a casual review of his resume provides ample evidence of why he was selected as this year’s Great Graduate from the Class of 1984.

This story begins as “Monty” was wrapping up his first year as a student in Broken Arrow Public Schools. During his senior year, he was a Student of the Month, Boy of the Year, president of the Student Council, a member of the Senior Board and a leader of both the French Club and his school’s mentorship program. At the same time, he was part of the drumline of the Pride of Broken Arrow Marching Band and a member of the National Honor Society. After that, he became part of the Sooner world earning a Bachelor of Science Degree in Zoology and his medical degree, both from the University of Oklahoma.

Currently, he serves as Chair of the Department of Family & Community Medicine within the OU-Tulsa University School of Community Medicine and OU Physicians -Tulsa. A Fellow in Sports Medicine, he joined that organization as a faculty member in 2001 and was promoted to Associate Professor in 2010.

Additional responsibilities include service as Chairman of the Center for Concussion; Medical Director of OU’s Champion Health Program Center for Exercise and Sports Medicine, and Director of the university’s Health at Work program in Tulsa.

Away from the education environment, Cavanaugh is a staff member at Hillcrest Medical Center and serves as Chief of Aerospace Medicine for the Oklahoma Air National Guard’s 138th Fighter Wing.

Cavanaugh and his wife, Kristi, have four children: Lily, 13; Walton 11; Andrew, 9, and 7-year-old Evelyn whom they adopted from Uganda.

